

## Basics

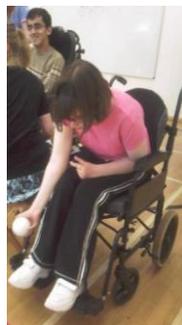
- Boccia (pronounced 'Bot-cha') is a Paralympic sport introduced in 1984
- It has no Olympic counterpart
- All athletes play seated, they throw, kick or use a ramp to propel a ball onto the court with the aim of getting closest to a 'jack' ball
- At paralympic level it is designed specifically for athletes with a disability affecting locomotor function
- It is played indoors on a court similar in size to a badminton court

## Rules

- The aim of the game is to get closer to the jack than your opponent
- The jack ball is white and is thrown first
- One side has six red balls and the other has six blue balls
- The balls are leather containing plastic granules so they don't bounce but will still roll
- The side whose ball is not closest to the jack throws until they get a ball closest *or* until they run out of balls
- Once all the balls have been thrown one side receives points for every ball they have closer to the jack than their opponents closest ball

## Classification – Paralympic/Elite Players

Players are divided into four classifications depending on their disability and functional ability. **All players have impaired functional ability in all four limbs.**



**BC1** - Players with Cerebral Palsy who are able to use their hands or feet to consistently propel a ball into play. BC1 athletes may have an aide on court to pass them their ball before each shot

**BC2** - Players with Cerebral Palsy who are able to use their hands to consistently propel a ball into play and have greater functional ability than a BC1 athlete



**BC3** - Players with Cerebral Palsy or other disability with locomotor dysfunction in all four limbs, unable to throw or kick a ball and permitted to use an assistive device such as a ramp to propel the ball, supported by an assistant ('ramper')

**BC4** - Players with similar functional ability to BC1/2 athletes who do not have Cerebral Palsy

## Pan-Disability League/Players

Any player with a physical disability or learning difficulty may play in pan-disability leagues and competitions. These include Surrey Youth Games, Boccia England Pan Disability League, Disability Sports Events (DSE) and Surrey Special Olympics Events.

**The Bees welcomes all players. If you want to discuss this further or come down and have a look at what we do please contact the organiser: Liz Moulam.**



**GB Boccia Team (BC1/2) win Gold in Beijing 2008**

**Further information about Boccia**

GB Boccia Federation\*

<http://www.gb-boccia.org/default.asp>

Boccia England

<http://www.bocciaengland.org.uk/>

\*Basics, rules and classifications from GBBF



At the Bees I get to play, as well as practising my coaching skills and refereeing

## Boccia Epsom and Ewell

meet Sunday each month and during holidays in Epsom

Everyone welcome, age 8 to 25

- Training and equipment provided
- Competitions and Tournaments
- Friendly and fun



Boccia is the only activity I do outside of school with my friends

## Looking for an accessible, social and competitive sport?



I want to play in the paralympics, this is my chance to have fun and to train

What is Boccia?

How is Boccia played?

Who can play Boccia?

Where can I get more info?

For further information contact:

Liz Moulam: 01372 275424 or

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**Boccia Epsom and Ewell**