



## Volunteer and Parent Training Policy

It is important for all players that they receive high quality support from the coaching team, officials, volunteers and their own parents and assistants.

The emphasis is on all attendees at any club day enjoying their experience, learning about boccia and supporting members to the best of their ability. All attendees are encouraged to ask questions.

### General Club Days

#### **Arrival and set up**

All attendees are welcomed on arrival. Experienced coaches encourage those who are able to help mark up the courts prior to the session starting. Whilst doing this the coaches talk about the layout of the court.

#### **Introductions and warm up**

Every session starts with introductions, this includes every person present.

There are 2 levels of warm up.

Level 1 – General stretching: All members are asked to contribute and everyone is expected to take part. During the warm up there is discussion about the best way to stretch and why this is important.

Level 2 – Having fun and relaxing: Focused on moving around the sports hall. This includes health and safety information (open toe shoes, exits etc) and info on court markings eg stop on a v-line, throwing box etc.

#### **Practical skills sessions**

Each skill session is introduced with aims and objectives and an explanation of how these benefit players. Volunteers, parents and assistants are asked to support the players through carrying out the activities and provide verbal feedback under the supervision of coaches.

#### **Theory sessions**

From time to time a short theory session may be undertaken with everyone or with players in different classifications. Volunteers, parents and assistants are encouraged to take part and ask questions alongside the players.

#### **New volunteers, parents and assistants**

A member of the coaching team will take responsibility for standing with the new attendee(s) during practice games to explain the basic rules of boccia and how to support a player by ramping, assisting and collecting balls.

#### **Practice games**

During practice games coaches and officials will referee and provide coaching to players and volunteers, parents and assistants. This includes explaining rules, working on agreed skills with explanations of how it improves play etc.

#### **Specific training**

The BEEs endeavour to provide access to Boccia England training courses, subject to funding. At club level these are open to all players, coaches, officials, volunteers, parents and assistants.